

## Books

- *Porn-Again Christian* by Mark Driscoll (free e-book)
- *A Celebration of Sex* by Dr. Douglas E. Rosenau
- *Sex, Men & God* by Dr. Douglas Weiss
- *Surfing for God: Discovering the Divine Desire Beneath Sexual Struggle* by Michael John Cusick
- *The Fight of Your Life: Manning Up to the Challenge of Sexual Integrity* by Tim Clinton

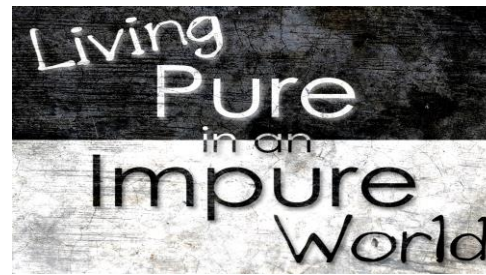
## Elements of a Family Technology Plan

1. Screen-Free Zones like the dinner table, front seats of the car, bathrooms, etc.
2. Daily Log-off Times
  - Time of the day where all devices are put away—times may be different based on student's age
3. Overnight Device Bedroom Policy
  - Remove all devices with screens from rooms overnight
  - Create a "Family Charging Station" in parents' room or public area
4. Device Audits
  - Monthly (or more frequent) audits of devices
  - Look through texts, apps, pictures, Tweets, etc.
5. Know Accounts and Logins
  - Understand what "accounts" your student has and check them whenever you want
6. Plan consequences in advance if plan is broken
7. Allow for designated free-time with their devices

Source: Tony Bianco, Middle School Student Minister, The Loop Campus – FBC Houston

## Bible Verses

*Job 31:1; Psalm 119:9–16; Romans 12:1–2; 2 Corinthians 10:3–5; Ephesians 6:10–18; Philippians 4:8; 1 Thessalonians 4:3–8*



## “The Struggle for the Soul & Our Success”

*Psalm 119:9-11*

March 6, 2016

(Much of This Message is From Greg Matte, Pastor of FBC Houston)

## A Preliminary Perspective

1. “Pornography” is rooted in the Greek word *porneia*, which means to practice prostitution or sexual immorality
2. Both men and women are tempted.
3. Every stumble is not addiction, but it can quickly become one.
4. THERE IS HOPE!!

## It Is a Pathogen & More Specifically & Parasite

## It is a Pandemic

## The Pathway to Pornography

Three Reasons: Affordability, Accessibility, and Anonymity.  
(Morgan Bennett at Pepperdine University School of Law)

## The Process to Understand

1. Pornography acts like a drug.
2. Pornography is also a brain issue, not just moral or spiritual issue.
3. If pornography brings a chemical reaction why is it wrong?

- ✓ People are seen as objects instead of made in God's image.
- ✓ It is NOT victimless: promotes and finances trafficking, abuse, and prostitution.
- ✓ It destroys families and lives.

- ✓ Flee Shame and Run to the Savior. *1 Corinthians 6:9–11; Luke 15:11–31*
- ✓ Come From Condemnation to the Kindness of God. *Romans 2:4, 8:1*
- ✓ Step Out of Fear and into Forgiveness. *Romans 5; 2 Corinthians 5:21*

## **The Plan to Be Set Free**      *Psalms 119:9–11*

### **1. Our Head – Renew and Rewire Our Minds** *Romans 12:2*

- ✓ Remove the Filth and Replace with Freedom  
*2 Timothy 2:22*
- ✓ Flee and then Pursue    *1 Timothy 6:11–12*  
We Have to Be Willing to Fight!

### **2. Our Hands – Create a Protection Plan** *Psalms 119:9*

- ✓ We is stronger than me: accountability and confession.
- ✓ Connect instead of click. Spend time with others.
- ✓ Develop a Family Plan (see Resources section)
- ✓ Know your triggers. When are you most vulnerable?  
*Luke 4:13*
- ✓ Seek Professional Help and Other Specific Ways to Be Set Free. Go see a counselor, attend Celebrate Recovery or get in a S.A. Group.
- ✓ Understand That You Will Not Be Set Free in 1 Day. It Is a Struggle, A Process/Journey to walk through.

### **3. Our Hearts – Trust the Grace of Jesus** *Psalms 119:9–11, 14*

## **RESOURCES**

### **Websites**

- CovenantEyes.com
- XXXChurch.com
- Just1ClickAway.org
- SexualIntegrityInitiative.com
- PornProofKids.org
- BlazingGrace.org
- FocusOnTheFamily.com/socialissues/family/pornography/pornography-issue
- PureLifeMinistries.org
- StopPornCulture.org/about/about-the-issue/facts-and-figures-2
- FamilySafeMedia.com
- PornHarms.com

### **Articles**

- *The New Narcotic*, ThePublicDiscourse.com, Oct 9, 2013 (<http://hfb.cta.gs/PR1>)
- *10 Steps to Win over Pornography*, ChuckLawless.com, Jan 10, 2016 (<http://hfb.cta.gs/PR2>)
- *Six Guidelines to Put Technology in its Proper Place*, GrowingLeaders.com, Sep 3, 2014 (<http://hfb.cta.gs/PR3>)
- *5 Myths About How Teens Use Technology*, Time.com, Nov 3, 2015 (<http://hfb.cta.gs/PR4>)

