

Use this guide to help your family learn how God can help us live with confidence.

First, watch
this week's
video!

Confidence:
learning to
see yourself
the way God
sees you

Memory Verse

"I remain confident of this: I will see the goodness of the Lord in the land of the living."
Psalm 27:13, NIV

Bible Story

Israel Captures Jericho
Joshua 5:13–6:20

Key Question

When have you needed a plan?

Activity

Plan a Plan

What You Need:

Two sheets of paper and two writing utensils

What You Do:

Tell your child that you're both going to write down the step-by-step instructions to do something you both know how to do (for example: preparing a bowl of cereal, tying your shoes, or doing the laundry).

Give yourself a time limit of a couple of minutes and write down your individual plans. Make sure not to discuss your plans with each other. When you're both finished, put down your pens/pencils and compare your plans. How are your plans similar? How are they different?

Say, "Our plans may not always look like someone else's. Our plans may not even look like God's plans. But God's plans are always the best plans."

Talk About the Bible Story

What are some regular, everyday situations that you need a plan for?

What can you do when you're not in charge, but the plan doesn't seem like it'll work? (*For example, when you think you should do something different from what a parent or teacher is asking you to do*)

What can you do if you know that God has a plan, but you're not sure how everything will work out? (*This is an opportunity to discuss how we can continue to trust God and live His way, even when we don't know how His plan will turn out.*)

What are some things that God has done for you?

How can it help you to have confidence in God's plan if you remember what God has done in the past?

Parent: Share about a time in your life when God's plan was the best plan—even though you may not have understood it at first.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"God, You know everything! And we know that Your ways are perfect. You had a plan to send Jesus so that we could be with You now and forever—and that's the best plan EVER! Help us to remember all that You've done for us, and to remember that we can trust You no matter what. When we feel uncertain or afraid, give us the confidence to trust Your plan for our lives. Amen!"