



SHELTERED
"All You Have to
Say is HELP!"
Psalm 121
June 6, 2021

Where do we look for help?

- ✓ We look _____
- ✓ We look _____
- ✓ We look high, but not high enough

Where does _____ help come from?

The Answer: It comes from the _____

Why look to Him?

The Answer: He is the Maker / Sustainer of heaven & earth

Psalm 125:1-2; 124:8; 134:3; 115:15; Colossians 1:16-17

What does He do?

He gives us _____ of His Help

1) I will _____ over you Vs 3-4

- ✓ He doesn't _____ or slumber *1 Kings 18:27*
- ✓ He won't allow you to slip nor stumble
Psalm 66:9; 94:18

2) I will _____ for you Vs 5-6

- ✓ He is your _____
Psalm 16:8; 36:7; 109:31; 91:1,5
- ✓ He is your _____

1) I will _____ & preserve you vs 7-8

- ✓ He will protect you from evil *Genesis 50:20*
- ✓ He will _____ you – your going and coming
now & forever *Deuteronomy 28:6; Psalm 73:23-26*

Response Questions:

1. What are some things or ways that you sought help?
2. How have you seen the Lord be your help in your life?
Spend some time writing them down or sharing them with
someone else.
3. What does it mean that the Lord is watching over you?
Why does this matter to you?
4. What does it mean the Lord is your shade? How has He
hidden you in His shadow or under His wing?
5. Does the Lord's protection mean that we will never
suffer?
6. How have you seen the Lord guard your life? How does
the promise He will take care of you both now and
forever affect you?